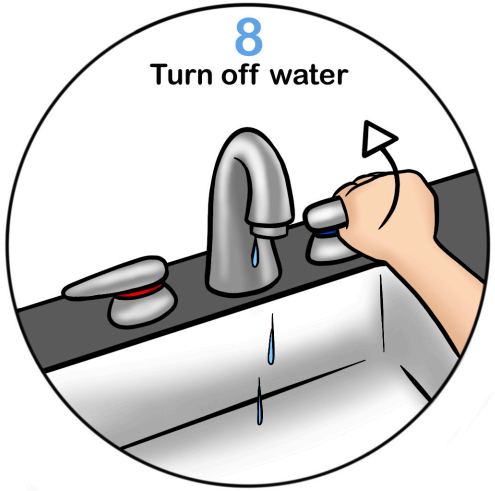Wash your hands!