



Care 4 The Caregivers

Empowering caregivers of children with disabilities
to create a brighter future.

Milestone Checklist- Just in case you forget them as your child ages.

Child's Name: _____

Weight: _____

Mother Age at Delivery _____

Number Live Birth: _____

Length of Labor: _____

Headsize: _____

Date of Birth: _____

Length: _____

Number of Pregnancy: _____

Gestational Age: _____

Vaginal or C-Section: _____

Developmental Milestone	Month completed
Turns over	
Hold head up on their own	
Sits without support	
Starts eating foods	
Starts crawling	
Stands and cruises	
Starts walking	
Says one word	
Says two words	
Says three words	
Starts feeding self	
Starts using utensils	
Stacks blocks	
Other	