



Empowering caregivers of children with disabilities to create a brighter future.

This record spreadsheet will help you keep track how long a behavior goes on for (min). These can be helpful to track the length of meltdowns, how long it takes for a child to eat their meals, etc. You can use this to chart a behavior before and after an intervention to see if the intervention is having the desired affect. This form was adapted from the Stepping Stones Triple P group workbook.

Start Date:

[illegible]